

Art Expression Workshop SONJA BISCHOF

This workshop is for everyone. Children as young as 7 years can sign up and no artistic skill is required. Sonja offers guidance and support and the opportunity to explore issues of concern using a variety of art materials. She uses art materials like paints; clay; chalks; batik and markers to create a visual representation of your thought and feelings. Depending on the response we are flexible with either a Children or Adults Workshop or Joint Workshop. Sonja speaks German, English and French

The Workshop is on one Monday each Month for 2 hours from 15:30 till 17:30.

Dates: 12th July; 9th August; 13th September; 18th October and 15th November. All material will be provided and cost sfr50.- pp maximum 6 persons.

Sonja Bischof Begrè – Psychologin lic.phil. und diplomierte Kunsttherapeutin

- Die Galerie Art Place88 bietet einen animierenden Raum an, um selber mit Farben und Formen zu experimentieren, einen persönlichen Ausdruck für sich zu finden, an einem gemeinsamen Thema gestalterisch zu arbeiten.

Es gibt verschiedene Zugänge zum Malen, ob für Kinder oder Erwachsene, das Wichtigste erscheint mir die Freude und Neugier am Experimentieren mit Farben. Ich selber arbeite seit Jahren als Kunsttherapeutin, experimentiere selber gerne mit verschiedenen Materialien und möchte sie gerne einladen sich von Raum und Farben, Bildern, Geschichten etc. inspirieren zu lassen und eigene stressfreie gestalterische Erfahrungen zu erleben.

- The gallery Art Place88 offers an animating room to experiment with colours and forms, and to express oneself's work in a joint project working together to produce a creative work with a common theme. There are different accesses to painting, whether for children or adults, the most important to me is the joy and curiosity to experiment with colours. I have worked for many years as an Art Therapist experimenting, myself, with different types of art material. I would like to invite you to draw inspiration from around the room – forms; colours; painting; stories etc – to express your feeling on your own work in a stress free environment.



ART EXPRESSION – SONJA BISCHOF

ART PLACE88 – DORFSTRASSE 73, 3073 GÜMLIGEN

MONDAYS – 12.07; 09.08. 13.09; 18.10 and 15.11 from 15:30 – 17:30

Cost sfr50.- with maximum of 6 persons.

12.07

9.08

13.09

18.10

15.11

Name: _____

Address: _____

Telephone: _____

Email: _____